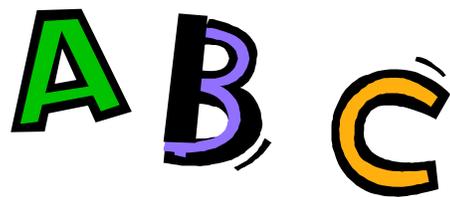


QUALITY TIME LEARNING CENTER  
8101 Georgia Avenue  
Silver Spring, Maryland 20910

**\*\*ACCEPTING ENROLLMENT YEAR-ROUND\*\***



Year

Old

Program



# TWO YEAR OLD'S PROGRAM

Dear Parents:

We would like to take this time to welcome you and your child to the two year-olds room. We are looking forward to another academically challenging and fun year. We have put together a package that we hope you will find very useful to you and your child.

Our academic program consists of the child's cognitive development, conceptualization of the alphabets, numerals (1-10), shapes, language/ communication, your child's physical growth, emotional well-being, basic science concepts and social skills. We will also participate in hands on activities including finger, brush, sponge easel painting, sand and water table play, play dough, clay sculptures, dramatic plays, simple science experiments and music just to name a few. We always welcome parent participation and visits. If you have any questions or concerns through the course of your child's stay, please do not hesitate to confer with us or stop by the office.

Sincerely,

Two Year-Old  
Teachers

# CLASSROOM DO'S AND DON'TS

## DO'S

- Upon arrival and departure, please greet your teachers.
  - Parents are asked that their children are in class no later than 9:00 a.m. for the Academic session of the day.
  - Please enter classroom quietly when you arrive after 9:00 a.m.
  - Please inform teachers when your child is on medication.
  - Blankets and sheets are to be taken home every Friday.
  - Please discuss with your teacher concerning potty training before you put your child in pull-ups or underwear.
  - Please provide two changes of clothes for your child at all times.
  - You must notify the office if another relative/person will be picking up your child.
- 

## DON'TS

- Children are not allowed to wear open toe shoes.
- Children are to stay home if they have a temperature of 99° degrees or have diarrhea the night before.
- Please do not bring any toys to school except on designated show-and-tell day.
- Please do not leave medication in cubbies, all medication must go to the office.
- Please do not remove children from the playground and classroom without notifying teachers.
- Please do not give food to your child in the classroom, except at routine/regular mealtimes.

# TOILET TRAINING TIPS FOR PARENTS

Being toilet trained is a big step towards growing up. Most children feel good about being able to use the toilet like the grown-ups do.

Here are a few suggestions to help make toilet training a little easier.

1. Remember, going to the bathroom is natural. Making too big a fuss over it invites trouble. Try to stay cool and non-emotional.
2. Help your child get used to the toilet or potty chair by letting your child explore it before toilet training is to begin.
3. Child will wear loose fitting clothing (which is easy to pull down and pull up). No pants with belts or one piece outfits, and No overalls, bib-type pants, or T-shirts with snaps between the legs.
4. Have your child sit on the toilet/potty chair for only three or four minutes at a time.
5. Try putting your child on the toilet about 15 minutes after eating or drinking something.
6. Say nothing about accidents (like wet pants). This gives more attention for doing what you don't want.
7. When your child goes in the toilet, even if only a drop or two, say, "You are learning to go in the toilet," or "You are growing up." Praise should be immediate, but do not overdo it. Remember; don't make a lot of fuss.
8. Wait to try night training until after your child has mastered daytime training.
9. Start toilet training when both you and your child are feeling well.
10. Choose a time when things are as routine as possible at home. Don't start training while visiting grandma or while on vacation.
11. Make sure your child is ready to learn. Most children are ready to begin toilet training around 2  $\frac{1}{2}$ . Some children, of course, are ready sooner and some later.
12. Above all, try to remain calm and positive.

## **TWO YEAR-OLD'S PROGRAM SCHEDULE**

7:00 - 7:45	Free play, Table Toys, Housekeeping, Library, Block, etc.
7:45 - 8:00	Clean-up and getting ready for breakfast
8:00 - 8:30	Breakfast
8:30 - 8:45	Clean-up
8:45 - 9:00	Diapering, if needed
9:00 - 9:30	Circle Time Activities: Greeting Song, Finger Play, Stories, Songs and Rhymes, Flannel Board Activities, Letters, Shapes, Colors and Numerals, etc.
9:30 - 10:00	Follow - up work - Art Projects
10:00 - 10:45	Outdoor/Weather Permitting, Indoor Play/Diapering, if needed
10:45 - 11:15	(Open Period) Media Center/Physical Ed.
11:15 - 11:30	Clean-Up and Hand Washing
11:30 - 12:00	LUNCH TIME
12:00 - 12:30	Diapering
12:30 - 1:00 records	Quiet activities prior to nap: Story, soft music, or story records
1:00 - 3:00	NAP TIME
3:00 - 3:15	Wake up. Toileting
3:15 - 3:30	Afternoon Snack
3:30 - 4:00	Outdoor/Indoor Play
4:00 - 4:30	Music/Movement
4:30 - 5:00	Dramatic Play, Table Toys
5:00 - 5:45	Story Time, Library, and Diapering if needed
5:45 - 6:00	Clean-up to get ready for dismissal

